Federal Agencies and Information
<u>Medicare</u>
Social Security
Help with Social Security
<u>Eldercare</u>
Administration on Aging
Government Benefits State Agencies and Information
Senior Health Insurance Benefits Assistance Program (SHIBA)
Seniors and People with Disabilities (Oregon Department of Human Services) Multnomah County
Multnomah County Aging and Disability Services
Network of Care – Seniors and People with Disabilities (Multnomah County)

Senior Centers of Multnomah County

Clackamas County

Clackamas County Senior Services

Senior Centers of Clackamas County